



Soul Journey Meditations

Meditation and Healing in One Process

Do you ever feel...

- Like you are running fast and getting nowhere?
- Repeating same old patterns no matter what you do?
- Tired and confused a lot of the time?
- Tearful for no obvious reason?
- Besieged by 'bad luck'?

If you answered yes to any of these questions you might benefit from *Soul Journey Meditation*: a guided meditation process including hands on healing whilst in the meditative state.

For more details ring Jasmine on (07) 843 9976 or text 0274 877 301

What: **Soul Journey Meditations**
When: 1.00pm and 7.00pm each Monday
(excluding public holidays)
Where: The Homestead,
83 Houchens Rd,
Glenview
Hamilton
Investment: Just \$20 **or Buy five get one free:**
Six sessions for \$100.
Valid for 8 weeks from date of issue

What others have said

These meditations are very powerful and the healing continues for days
- CC

I would highly recommend these sessions to anyone wanting to clear any old or buried issues that stand in their way
- Annie Jameson